

Care City

An Introduction to our
Healthy Ageing Innovation Centre



CARE CITY

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What is Care City?

Care City is a centre for healthy ageing innovation, research, and education. It is based in Barking and works across the four boroughs of Barking and Dagenham, Havering, Redbridge, and Waltham Forest, with reach into Essex and surrounding areas through provision networks.

Why Care City?

The way we currently deliver health and social care is unsustainable. Demographic pressures, the changing burden of disease and rising patient and public expectations are driving the need to cut costs, integrate and innovate.

Care City was set up and is funded by NELFT and the London Borough of Barking and Dagenham, and today brings together health, social care, and third sector partners from across the system with researchers, education providers, technology experts, small and medium sized companies and social entrepreneurs to develop health and social care delivery and workforce models for the future.

Care City has two focus areas:

1. Healthy ageing

Frail older populations are a growing proportion of our society, with complex and multiple needs, and group for whom the whole system of care interacts. Havering has the distinction of being London's oldest population and has the highest proportion of the oldest old.

2. Social regeneration

With the highest rates of unemployment in Barking and Dagenham (10%) and the lowest levels of life expectancy in London (77 men, 82 women), and known interrelationships between society, employment and health, we want to ensure our programme of work brings investment and opportunity to regenerate our deprived population.

Vision

To deliver measurable improvements in healthy ageing for our local population and to act as a catalyst for regenerating one of London's most deprived regions. Central to our vision is a commitment to work in partnership with the local community – so that their specific needs drive the programme of work.

Underpinning the vision are three strategic priorities:

1. Innovation

To stimulate continuous improvement and innovation across the local health and social care system.

2. Research

To advance the application of cutting-edge research into practice by bringing research to local people, and facilitating new models of research.

3. Education

To increase resilience across the system's workforce by inspiring new entrants, facilitating life-long learning and generating future leaders.

What will success look like?

The local population will have access to research and novel solutions that will collectively support improvements in their own health and the context they live in.

Staff will be able to contribute to cutting edge innovation, education and research, and participate in cross-boundary initiatives.

Innovators, social entrepreneurs and small and medium sized enterprises, will be able to rapidly test and implement innovations in real-life settings, and iterate and adjust their solutions based on evaluation to maximise impact.

The UK, will benefit from dissemination of tested solutions, whilst also bringing in new forms of investment and partnerships with industry.

For more information on Care City,
please visit

www.carecity.london

or telephone

0300 300 1548



Maritime House, 2nd Floor
1 Linton Road, Barking IG11 8HG

Photographs courtesy of Studio 3 Arts